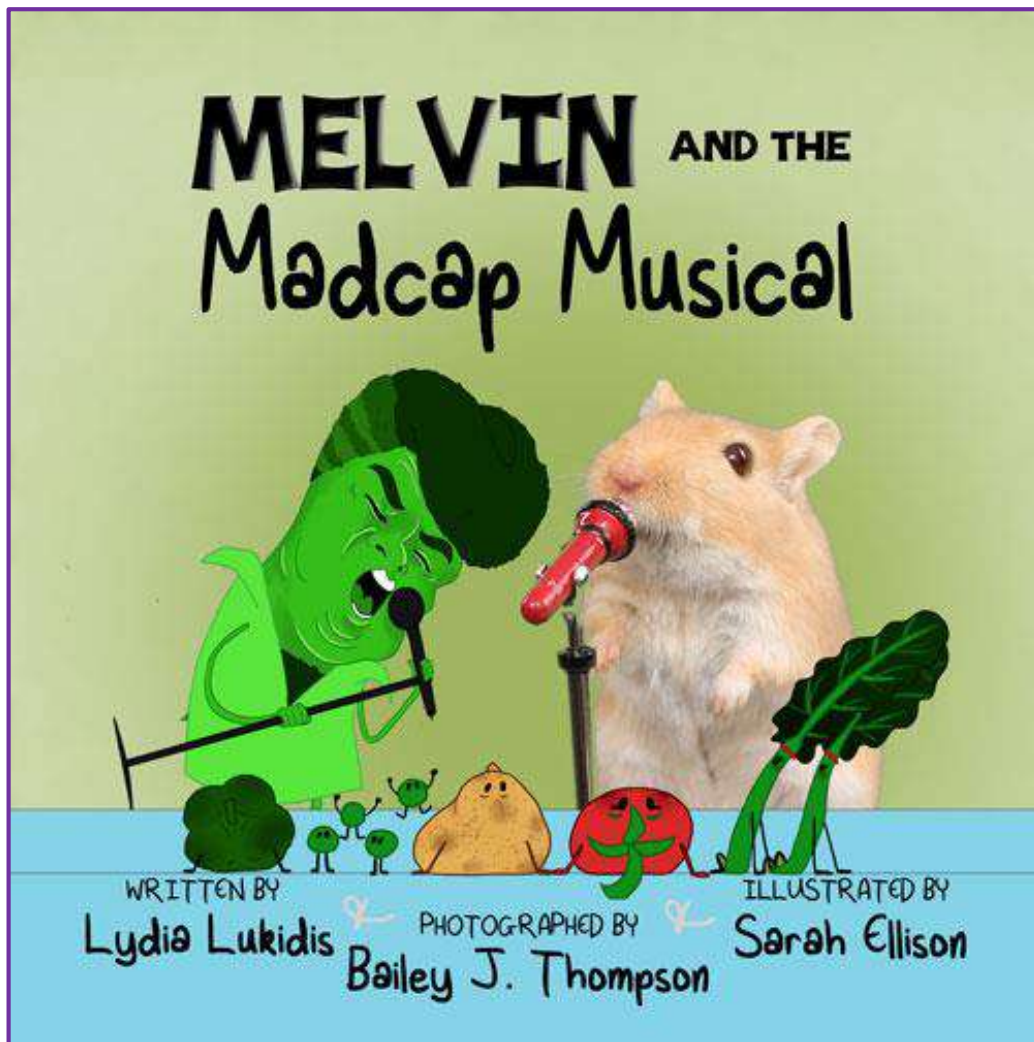


# Melvin's Activity Book!



Written by **Lydia Lukidis**  
Illustrated by **Sarah Ellison**  
Published by **Gerbil Meets Mouse Publishing**



**LYDIA LUKIDIS**

# Table of Contents

About the book & author.....	2
Crossword puzzle.....	3
Word search.....	4
Vegetable anagrams.....	5
Maze.....	6
Colouring pages.....	7
Healthy veggie snacks.....	12
Answer key.....	14



## About the book

Tap dancing zucchinis? Crooning collards greens? Gigantic squash trapeze artists? These are just a few of the zany characters in Mr. Broccoli Bob's all vegetable cabaret. Melvin watches in wonder as Savage the Cabbage belts out rock n' roll tunes and Monster the Mushroom pounds on his drums. Melvin comes to realize that not only are these vegetables entertaining, but they are also nutritious and delicious. This picture book entices little ones to appreciate the many benefits of vegetables!



## About the author

Lydia Lukidis is a children's author with thirty three books and eBooks published, as well as numerous short stories and poems. She writes both fiction and non-fiction, for ages 3-12, all designed to entertain and inspire.

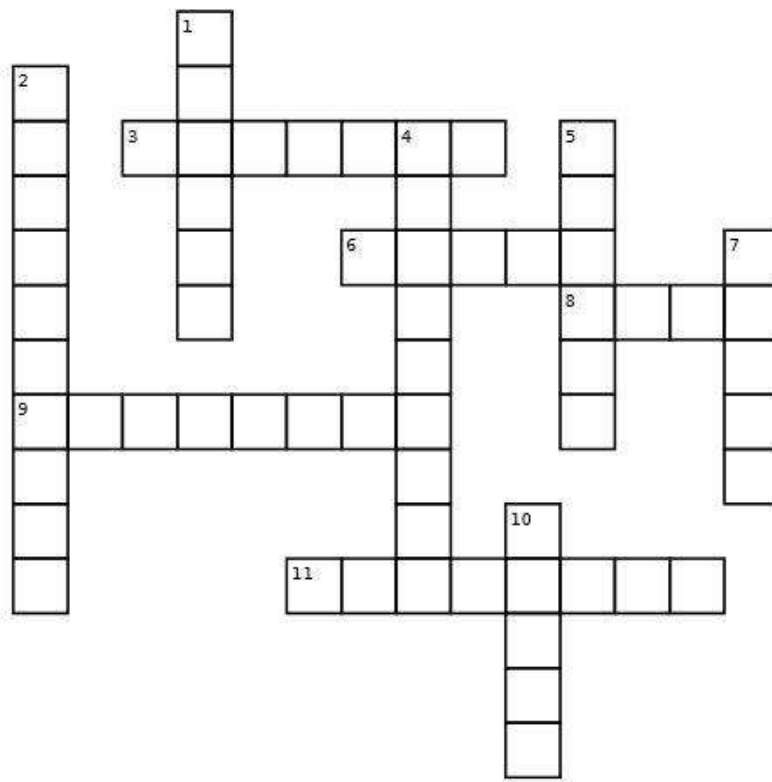
In addition to her creative work, she composes educational activities and curriculum based texts for children. Lydia also does school visits and gives writing workshops for children aged 5-12. Her aim is to help children cultivate their imagination, sharpen their writing skills and develop self-confidence while improving their literacy.

-Don't forget-

**Sign up for the LL Newsletter to receive FREE children's activities, games and stories!**

[www.lydialukidis.com](http://www.lydialukidis.com)

# Crossword Puzzle!



**Down:**

- 1. What animal did the carrot look like?
- 2. What was Mr. Broccoli Bob trying convince children to eat?
- 4. Which vegetables were tap dancing?
- 5. What kind of animal is Melvin?
- 7. Which vegetables were playing the piano?
- 10. What colour is the host of the vegetable cabaret?

**Across:**

- 3. The squash and pumpkin did a circus act and swung from a \_\_\_\_\_.
- 6. Mr broccoli Bob is a retired \_\_\_\_\_.
- 8. What colour was Savage the Cabbage's outfit as he sang?
- 9. What did Melvin eat the end of the story?
- 11. Which vegetable sprayed vegetable oil all over his face?

**Word Bank**

broccoli, parrot, actor  
 vegetables, green, blue  
 mushroom, beans  
 zucchinis, trapeze

# Word Search!

Find the words below in the puzzle. They may be vertical, horizontal, or diagonal.

C I D C V Z Q D P K J X E P Z  
O U E D A H M Y U T G W Z A Z  
L M J I I R C V O P O T A T O  
L G J M V M R O M F U S Q Z C  
A P W Q F Y X O F L Z P F X D  
R E O T N A D T T R C E Q S T  
D P Z G J W M U N C H A H Q P  
G P X U O H J U E G O S E U T  
R E R L C O B X S E J R K A O  
E R S T I C W E I H C D N S M  
E G A U X O H F A M R C S H A  
N O N R D J C I K N Q O C U T  
S T B N N N C D N W S Q O J O  
S O J I Y I N J S I F O X M N  
P U M P K I N X W M S K Y I P

## Words

collard greens  
pumpkin  
carrot  
turnip  
corn  
tomato

mushroom  
potato  
squash beans  
peas  
zucchini  
pepper



## Vegetable Anagrams!

Try to decode the vegetable names hidden in these anagrams.

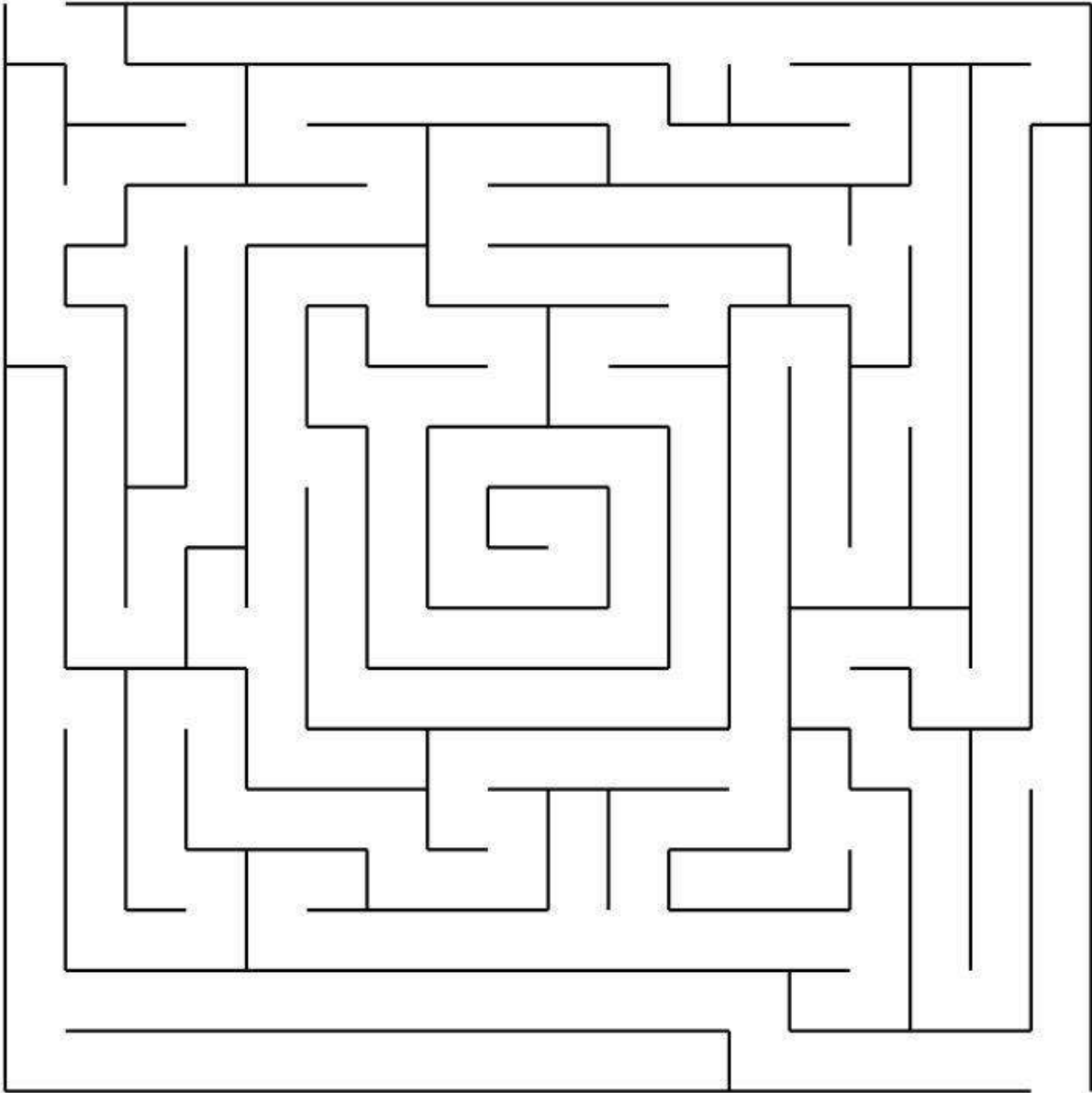
Hint: the vegetables are all mentioned in the book!

1. This vegetable is good for your eyes!  
R C A R T O
2. This vegetable is a good source of vitamin C.  
O B R C C O I L
3. This vegetable prevents diseases of the heart.  
N O C R
4. This vegetable is a good source of vitamin A.  
E R D P E P R P E
5. This vegetable helps you get better skin and hair.  
M T O A O T



# Maze!

Can you help Melvin find the broccoli?



Colouring Pages!

# Melvin and the Madcap Musical



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# Melvin and the Madcap Musical



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# Melvin and the Madcap Musical



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## Healthy Veggie Snacks

If your little one is a picky eater and doesn't "love" vegetables, here are some fun and easy snacks to entice them! What I've learned is that presentation is key ☺



**Butterfly Veggies**  
Courtesy of B-Inspired Mama.  
For details, click [HERE](#).

**Fruit & Veggie Snails**  
Courtesy of Hello, Wonderful.  
For details, click [HERE](#).



Funny Veggie Flowers  
Courtesy of Gourmandelle.  
For details, click [HERE](#).

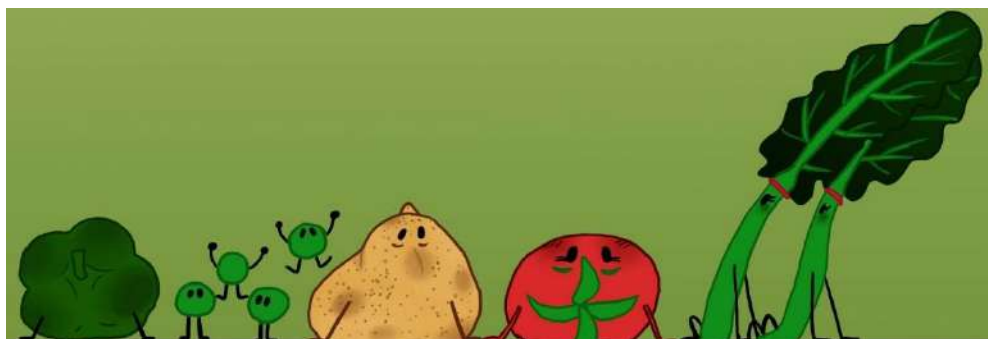


More Veggie Flowers  
Courtesy of Noosh Loves Blog.  
For details, click [HERE](#).

Another great idea is to make a smoothie with various veggies and then make popsicles. Click [HERE](#) for some great recipes.

# Answer Key!

## Crossword Puzzle

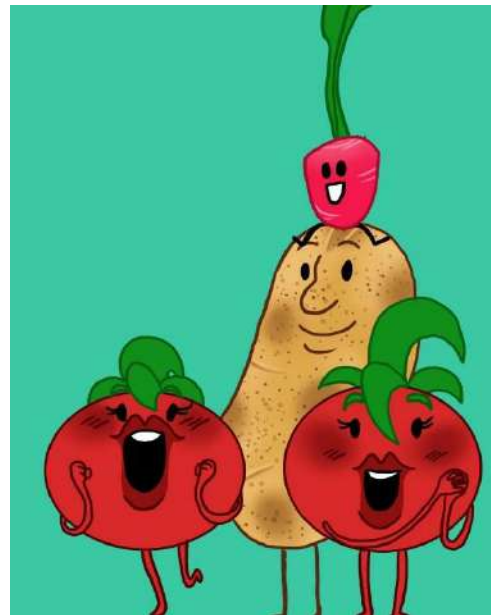


## Word Search

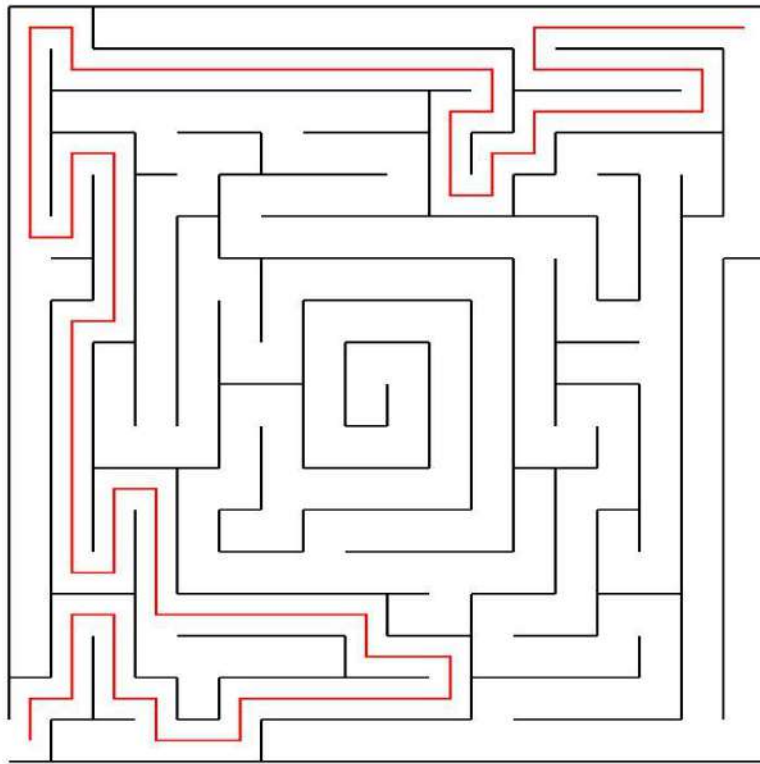


### Anagrams

1. CARROT
2. BROCCOLI
3. CORN
4. RED PEPPER
5. TOMATO



## Maze



Want to find us?

For more information about the author and her books:

[www.lydialukidis.com](http://www.lydialukidis.com)

For more information about Gerbil Meets Mouse Publishing:

[www.gerbilmeetsmouse.com](http://www.gerbilmeetsmouse.com)

For more information about the illustrator:

[www.saraheellison.com](http://www.saraheellison.com)



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